

1996 NATIONAL MASTERS

2 – MILE

Cable Swim – Quarter-mile Straightaway

Virginia Masters Swim Team

CHRIS GREENE LAKE

CHARLOTTE, VIRGINIA

SATURDAY, JULY 6, 1996

RESULTS

**USMS NATIONAL CHAMPIONSHIP 2-MILE CABLE SWIM
JULY 6, 1996**

*Revised
Copy

**Chris Greene Lake
Charlottesville, VA**

**Sanction #126-0004
Race Director: Linda McCowan
804-379-2537**

MEN 19-24

1 COOK, ANDREW UNVA	24	0:42:32.98
2 STOTT, DAVID UNVA	22	0:51:16.49

MEN 25-29

1 COPELAND, SHAWN UNVA	27	0:45:52.49
2 GEISZLER, ANDREW FXCM	27	0:47:12.67
3 DAVIS, MATTHEW UNVA	29	0:47:15.30
4 HOLLAND, DAVID UNVA	28	0:48:02.14
5 GUSLER, CHAD UNVA	26	0:48:53.74
6 BARTOLONE, DAVID TERR	28	0:50:01.35
7 JENSEN, MICHAEL BCCY	28	0:55:26.27

MEN 30-34

1 ALLEN, ROBBIE RMST	30	0:41:45.38
2 DUGAN, BOB SCSC	33	0:44:06.82
3 AMATO, DAVID NBAC	31	0:44:24.88
4 GRAHAM, HUNTER OREG	33	0:44:49.50
5 SWEENEY, MATTHEW RUBA	30	0:48:37.83
6 ARMSTRONG, MICHAEL UNVA	33	0:54:11.96
7 HALLINAN, TED DCRP	31	0:57:44.21
8 ROSE, SCOTT VMST	31	0:59:43.27
9 MCLAUGHLIN, JAY VMST	34	1:06:08.41
10 KARSTENDIEK, PAUL AAMS	32	1:10:00.16
11 MORRIS, THOMAS DCRP	34	1:12:50.69

MEN 35-39

1 COPELAND, ROB RUBA	39	0:43:19.77
2 MCFARLAND, JIM VMST	38	0:46:34.88
3 BUCHNER, CHRIS RMST	35	0:50:42.61
4 SMITH, TONY UNVA	36	0:54:14.82
5 BRAIMAN, MARK VMST	39	0:57:37.20
6 RUDIN, ANDREW UNPV	38	0:58:11.44
7 CITRON, STAN UNPV	37	0:58:30.39
8 JONES, DAVID UNPV	35	1:01:36.02
9 FRIEDLAND, DAVID UNPV	39	1:03:28.04
10 BELCHER, SCOTT UNPV	35	1:06:36.69

* **MEN 40-44**

1 PICK, DANIEL JCCN	40	0:43:45.74
2 LANGE, PERRY VMST	40	0:44:02.70
3 ASTHEIMER, ROBERT NRLR	42	0:46:45.56
4 FALLON, FRANCIS MARY	40	0:47:05.67
5 DEMILLE-WAGMAN, LAWRENCE DCRP	44	0:47:49.16
6 GLASGOW, MATTHEW VMST	40	0:50:35.85
7 HIGHMAN, MICHAEL UNPV	40	0:51:30.82
8 KENNY, CHRIS IL	40	0:51:46.19
9 EDWARDS, GRAY VMST	42	0:52:44.95
10 DAVIS, HUDNALL UNAT	41	0:56:41.51
11 LAGGAN, JOHN UNPV	42	0:57:39.54
12 HAMMERS, ALLEN UNDV	43	0:58:55.29
13 DIGGS, WILLIAM 1776	40	1:03:08.30
14 SORRELL, GENE VMST	43	1:13:34.92
15 NETHERLY, STEVEN UNPV	40	1:19:18.74
16 KRAUSE, ROBERT UNVA	43	1:20:42.44
17 WIMSATT, KENNETH UNVA	40	1:21:24.26

MEN 45-49

1 HARRISON, LONNY DCM	47	0:44:36.29
2 FISHER, BRUCE DCM	47	0:45:26.24
3 MASON, JOHN BAC	45	0:45:40.33
4 LAZZARO, ROBERT TERR	46	0:48:37.23
5 DETEMPLE, WARREN 1776	46	0:49:09.86
6 WALLACE, RICHARD JMST	48	0:52:00.20
7 SLAVICEK, LAWRENCE UNCN	47	0:52:04.50
8 POST, JOHN VMST	48	0:53:02.31
9 SHRUM, JOHN VMST	47	0:56:03.90
10 CORNELL, THOMAS RMST	48	0:57:03.26
11 WIMSATT, MICHAEL VMST	45	1:02:17.68
12 AITCHESON, BOB VMST	49	1:04:14.49
13 BURLOVICH, MICHAEL VMST	46	1:05:36.92
14 WEWERKA, RICHARD VMST	48	1:07:25.02
15 JOSEPH, RALPH UNVA	49	1:08:38.92
16 LESTER, ALLEN UNVA	49	1:17:17.94
17 BLACKFORD, DOUGLAS NCMS	49	1:19:37.65
18 MANUEL, JIM UNVA	48	1:29:05.31

MEN 50-54

1 WILLIAMS, ROBERT DCM	54	0:48:08.04
2 HEBERT, PAUL CRAW	50	0:49:03.53
3 KROEGER, DONALD MICH	52	0:52:06.86
4 BRASWELL, WILLIS DCM	50	0:52:20.87
5 STOTT, MIKE VMST	53	0:56:28.93
6 SLAUGH, JAMES VMST	51	0:59:18.47
7 DEAN, JOHN FXCM	51	1:15:17.60

MEN 55-59

1 GALLAGHER, DRURY EMP	57	0:49:43.01
2 BETTIS, LEE DCM	58	0:55:09.11
3 HOUCK, PETER VMST	57	1:04:55.29
4 CUMMINGS, WILLIAM DCM	57	1:05:39.76
5 HANNAM, DONALD DCM	56	1:22:57.97

MEN 60-64

1 AMES, CHRISTOPHER UNDV	64	1:00:32.82
2 WILMORE, CHUCK VMST	61	1:01:23.54
3 WALTER, DONALD DCM	60	1:05:37.30
4 GRAY, JAMES DCM	60	1:12:24.31

MEN 65-69

1 ALLEVA, JOHN UNPV	68	0:57:47.09
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MEN 70-74

1 BARNES, CALVIN VMST	72	1:04:45.05
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MEN 75-79

1 HARRIS, CHARLES JMST	75	1:13:28.90
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MEN 80-84

1 WOODFORD, DEXTER O*H*	82	1:13:11.65
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WOMEN 19-24

1	POPLAWSKI, KATRINA DCM	24	0:42:41.38
2	RICE, ROSE DCM	22	0:43:58.45
3	BALINT, KRISTEN UNVA	23	0:46:38.01
4	HERTZ, SARAH RMST	24	0:48:05.39
5	WRIGHT, REBECCA VMST	24	0:49:18.52
6	HALL, ELIZABETH UNPV	23	0:49:28.71
7	CAMPBELL, ERIN NCYM	22	0:51:41.59
8	MAY, KARI NCMS	24	0:52:46.41
9	TRUSSELL, JILL UNVA	24	0:55:03.01

WOMEN 25-29

1	WARD, STACY NBAC	27	0:49:01.73
2	HEIN, DONNA EMP	25	0:49:44.68
3	GRIFFITH-JOHNSON, JEN UNPV	26	0:52:04.70
4	SHAPIRO, KELLY UNVA	29	0:52:22.04
5	MCGROARTY, MOLLIE TERR	27	0:55:58.99
6	PALEN, CATHERINE 1776	27	0:57:04.37
7	HELFRICH, HOLLY UNVA	25	0:57:52.02
8	CHAPLA, MARY UNPV	25	0:59:57.50
9	TOTH, LAURA RMST	26	1:03:07.22

WOMEN 30-34

1	ZIMIC, DEBORAH MARY	34	0:43:39.67
2	GROVES, JANET NCMS	33	0:47:02.97
3	MCCLOUGHLIN, MINDY RMST	32	0:48:59.10
4	POOLE, MICHELLE TERR	31	0:50:04.91
5	CALLAHAN, MICHELLE RMSC	32	0:52:35.06
6	LOFGREN, ELIZABETH ANCM	31	0:53:46.34
7	BERNOT, LINDA SCSC	33	0:55:50.86
8	LESTER, ADA UNVA	32	0:56:56.40
9	MORRIN, DEBORAH TERR	33	0:58:00.35
10	DYMOND, STACY VMST	32	0:58:38.64
11	HEIRIGS, LISA VMST	30	0:58:46.87
12	CHASE, TOMI UNPV	34	0:59:37.92
13	CRESCIOLI, ANDREA WAKE	33	1:00:21.26
14	BERCES, EDIT UNPV	32	1:00:35.95
15	SMILEY, GAIL GLD	31	1:01:12.92
16	FERRIS, ANNE VMST	32	1:01:20.65
17	SCHLTZE, CAROL DCRP	34	1:02:49.97
18	STEIN, SHELLY TERR	32	1:04:59.23
19	CALLAHAN, ELIZABETH RMSC	30	1:07:18.44

WOMEN 35-39

1	SULLIVAN, KAREN UNPV	39	0:45:14.41
2	POWIS, PATTY VMST	35	0:48:44.96
3	BILLINGSLEY, JULIE DCM	36	0:49:08.36
4	COPELAND, CATHY RUBA	37	0:49:19.86
5	BILLINGSLEY, MARTY IM	36	0:51:00.75
6	SCHURER LAMBERT, LISA NCMS	36	0:51:36.75
7	CONLIN, ANN DCM	35	0:54:55.55
8	STOTT, KIM SPM	37	0:56:27.97
9	HUNYADY, NANCY VMST	37	0:57:41.40
10	SWIGER, MARTHA UNVA	38	1:01:55.45
11	DOGGETT, SUZANNE UNPV	38	1:09:48.82
12	BLEINSTEIN, SUSAN VMST	38	1:10:41.56

WOMEN 40-44

1	LOFTUS, SHIRLEY VMST	44	0:48:47.08
2	FINCKAM, ELAINE MARY	41	0:49:07.10

WOMEN 45-49

1	GAULT, TERRY VMST	45	0:49:22.41
2	LYTTLE, ANN DCM	48	0:51:12.86
3	CUTLER, MARTHA NCMS	47	1:01:39.42

WOMEN 50-54

1	HAZLEWOOD, LYNN RMST	50	1:01:28.76
2	RAPP, FREDERICKA MICH	52	1:05:52.34
3	MAGEE, CHARLENE VMST	54	1:08:03.95
4	KOSS, MAUREEN O*H*	53	1:15:01.02

WOMEN 55-59

1	EASTON, LUISE O*H*	57	1:14:27.62
2	HANNAM, KAREN DCM	56	1:20:37.99

WOMEN 60-64

1	BERQUIST, ANN VMST	63	1:14:40.48
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WOMEN 65-69

1	RUSS, BETTY O*H*	68	1:08:57.93
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WOMEN 70-74

1	ROSSELL, JANE MARY	74	1:24:29.52
2	CHADWICK, MARION PNA	74	1:34:40.25

RELAY RESULTS

MIXED 35+

1	VIRGINIA MASTERS SWIM TEAM	2:37:52.65
JOHN POST (48), JOHN SHRUM (47), SHIRLEY LOFTUS (44)		

10 FASTEST MEN:

1	ALLEN, ROBBIE RMST	30	0:41:45.38
2	COOK, ANDREW UNVA	24	0:42:32.98
3	COPELAND, ROB RUBA	39	0:43:19.77
4	PICK, DANIEL JCCN	40	0:43:45.74
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9	GRAHAM, HUNTER OREG	33	0:44:49.50
10	FISHER, BRUCE DCM	47	0:45:26.24

10 FASTEST WOMEN:

1	POPLAWSKI, KATRINA DCM	24	0:42:41.38
2	ZIMIC, DEBORAH MARY	34	0:43:39.67
3	RICE, ROSE DCM	22	0:43:58.45
4	SULLIVAN, KAREN UNPV	39	0:45:14.41
5	BALINT, KRISTEN UNVA	23	0:46:38.01
6	GROVES, JANET NCMS	33	0:47:02.97
7	HERTZ, SARAH RMST	24	0:48:05.39
8	POWIS, PATTY VMST	35	0:48:44.96
9	LOFTUS, SHIRLEY VMST	44	0:48:47.08
10	MCCLOUGHLIN, MINDY RMST	32	0:48:59.10

NATIONAL MASTERS 2-MILE

Cable Swim - Quarter-mile Straightaway

**CHRIS GREENE LAKE -
CHARLOTTESVILLE, VIRGINIA
SATURDAY, JULY 6, 1996**

Sponsored By:
Virginia Masters Swim Team
"Sanctioned / Approved by LMSC for Virginia
for USMS, Inc."

LMSC for Virginia
535 Biltmore Drive
Virginia Beach, Virginia 23454
Sanction No. 126-0004

EVENT: The first heat will be swum counter clockwise and will start at 9 a.m. Check-in for the first heat will close promptly at 8:45. The second heat will be required to check in by 10:45 for an anticipated start immediately upon completion of the first heat. The second heat will be swum clockwise.

For safety reasons, swimmers who cannot complete the 2 miles in 2 hrs. are advised not to enter. Swimmers still on course after 2 hrs. will be stopped. From the standpoint of results, these swimmers will be indicated as not having completed the swim.

INDIVIDUAL AGE GROUPS: 19-24, 25-29, 30-34, and so on, in five year increments as high as necessary for both men and women.

TEAMS: A team shall consist of 3 swimmers. Men's, women's and mixed sex teams will be permitted. Age groups will be 19+, 25+, 35+, and so on, in ten year increments as high as necessary. The age of the youngest team member shall determine the age group. All team members must also be registered as individual entrants and registered with the same Masters - affiliated club; i.e. Virginia Masters, Triad Masters, etc.

TEAM ENTRIES: Team Entries must be submitted on a 3 x 5 card providing the following information: the type of

team (men's, women's or mixed), the age group, USMS Club, and the name, age, & sex of each team member.

AWARDS: Medals will be awarded to the top 3 individual finishers and to the 1st, 2nd and 3rd place teams in each age group. National Masters Championship patches will be awarded to all individual first place finishers.

ENTRY FEES: Payable to Virginia Masters. Individual: \$12 per individual. Team: \$15 per team. Team members must also register as individual entrants. Late and deck entries will not be accepted. "No Time" entries will be seeded last in the appropriate heat.

REGISTRATION: All swimmers must be registered with their Local Masters Swim Committee (LMSC). Entrants must include a photo copy of their 1996 USMS registration card with their entry form. Entries received without a copy of the 1996 card will be returned. Please do not show up at Chris Greene Lake planning to register or enter. Advance entry and registration are required to swim.

ENTRIES: Official form, entry fees, and 3x5 card for team entries must be received no later than June 28, 1996. If you wish to purchase a commemorative T-shirt, your entry and prepaid shirt order must be received no later

than June 17, 1996. Shirt orders will not be accepted after that date. **Send entries to:** Abbie McGee 1160 Warner Hall Drive, Virginia Beach, VA 23454, (804) 427-3947. Please no calls after 7 p.m.

ENTRANCE TO LAKE: Swimmers and meet workers will be admitted free. For all others, Chris Greene Lake requires the following entrance fees prior to admittance: Albemarle County residents: adults, \$2; children (4-12), \$1. Non-residents: adults, \$3; children (4-12), \$2.

SOCIAL: Fresh fruit, snacks, and beverages will be available immediately following the meet. Tickets at \$3 per individual must be purchased at the time the entry form is submitted.

T-SHIRTS: National Masters 2-Mile 1-shirts will be available only on a pre-order and pre-payment basis. T-shirts are 3 color, 100% cotton. Price of a shirt is \$10, and payment must accompany your entry. Check the adult size on the entry blank. T-shirt orders will not be accepted after June 17, 1996.

FOR FURTHER INFORMATION:
LINDA MCCOWAN
13613 PRINCE WILLIAM DR.
MIDLOTHIAN, VA 23113
(804) 379-2537



DIRECTIONS TO CHRIS GREENE LAKE: From Washington, D.C., take Rt. 29 toward Charlottesville, Va. Approximately 6.3 miles north of Rt. 29, Charlottesville Bypass, turn right onto Airport Rd. (Rt. 649). Go one mile toward airport. Turn right onto Rt. 606 for 1.2 miles. Turn left through gate & follow the road around the lake to the beach.

From I-64 West, take Exit 124 Charlottesville/Shadwell, U.S. 250 West, to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt. 649).

From I-64 East, take Exit 118B Charlottesville/Culpepper, U.S. 29 North Bypass, to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt. 649).

ACCOMMODATIONS: The Sheraton Inn on Rt. 29 North has reserved a limited number of rooms and is offering a group rate of \$59 to competitors for Friday, July 5. This is a substantial discount from their regular rate, and the Sheraton is conveniently located to Chris Greene Lake. If you are interested in taking advantage of this opportunity, you must make your reservation by Wednesday, June 5 under the identity of Virginia Masters Swim Team in order to be eligible for the group rate. Rooms are available on a first-come, first-serve basis. The address and phone number for the Sheraton Inn - Charlottesville are as follows: 2350 Seminole Trail • Charlottesville, VA 22901 • (804) 973-2121

VIRGINIA CHAMPIONSHIP SERIES

Swim All Three Virginia Open Water Swims

Special Award for All Finishers to be Presented After the Charlottesville Race

Reston 2-Mile Lake Swim-May 26

Virginia Beach 1-Mile Ocean Swim-June 16

Charlottesville 2-Mile Cable Swim-July 6**

For Information Contact

Reston 2-Mile-Lynn Hazlewood, 11714 Decade Ct., Reston, VA 22091, 703-845-SWIM

Virginia Beach 1-Mile-Betsy Durrant, 211 66th St., Virginia Beach, VA 23451, 804-422-6811

**2-Mile Cable Swim is a USMS National Championship Event



NATIONAL MASTERS 2-MILES ENTRY FORM

July 6, 1996

Chris Greene Lake, Charlottesville, VA

ATTACH A COPY OF CURRENT USMS CARD HERE.			
Name			
Street			
City		State	Zip Code
Sex	Age	Birth Date	Club Name
USMS Number		LMSC	
Home Phone #		Work Phone #	

HEAT # (Circle one)	HEAT DESCRIPTION	1650 YD TIME (Indicate Below)
1	Counterclockwise (Left-side breathers)	:
2	Clockwise (Right-side breathers)	:

Heat 1: Starts 9:00 a.m./Check-in by 8:45 a.m.

Heat 2: Starts 11:00 a.m./Check-in by 10:45 a.m.

Entry Fees:

\$12 Per Individual \$ 12.00

\$15 per team \$ _____

After-Meet Social:

\$3 per person X _____ \$ _____

T-shirt:

\$10 each X _____ \$ _____

Indicate size (s):

M _____ L _____ XL _____

Total Payment Enclosed

\$ _____

MAIL ENTRY & FEES TO:
Abbie McGee
1160 Warner Hall Drive
Virginia Beach, VA 23454

T-shirt orders must be received by June 17, 1996

Due by June 28, 1996
Payable to Virginia Masters

ENTRY CONFIRMATION:
Enclose self-addressed, stamped envelope or postcard.
DO NOT STAPLE PAYMENT TO ENTRY FORM

RELEASE BY PARTICIPANT FROM LIABILITY

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

Date

Signature